

GLUTEN SENSITIVE

Our gluten sensitive menu items are prepared in a shared work area that also processes wheat & gluten products. There is always a chance that gluten sensitive items may come in contact with products containing gluten.

RAW + CHILLED

- ICED OYSTERS**, horseradish, hot sauce, mignonette (ea) ^(R) see oyster board or ask server for selection 4 ea
add bowfin caviar ^(R) 1.5 ea
- DRESSED OYSTERS**, jalapeño shoyu, smoked trout roe ^(R) 5 ea
- YELLOWTAIL SASHIMI**, buttermilk, yuzu, asian pear, radish, merquén, toasted quinoa ^(R) 18
- JUMBO PEEL & EAT SHRIMP**, old bay, cocktail & creole mustard sauces 19

SOUP + SALAD

- THAI CLAM CHOWDER**, bacon, potato, coconut milk, green curry, thai basil 10
- GEM LETTUCE**, radish, cucumber, fennel, pickled onion, hazelnut, herbs, red wine vinaigrette 12
- BACON & BLUE CHEESE SALAD**, bacon, radish, smoked blue cheese, tomato, cucumber, buttermilk dressing 14
- SALAD ADDS**, herb chicken breast 8 | salmon ^(R) 10 | shrimp 10

SHARED

- CHARRED SHISHITO PEPPERS**, bottarga, togarashi, buttermilk aioli 11

WOOD GRILLED

- FAROE ISLAND SALMON**, spice fried black rice, pickled asparagus, fennel pollen, saffron emulsion ^(R) 28
- BACON WRAPPED SHRIMP**, jalapeño, aged cheddar, dirty grits, tomato, crawfish beurre blanc 30
- REDFISH**, hazelnut brown butter, lemon, fingerling potato, broccolini 37

KIDS TACKLEBOXES
kids 12 and under

- GRILLED SALMON** 14
- GRILLED CHICKEN BREAST** 13
served with carrots sticks, ranch, fruit, yogurt and a snack

DESSERT

- CHOCOLATE TERRINE**, peanut butter ice cream, cultured milk crumble, bing cherry, smoked maldon 12

Conscious Earth is our commitment to responsibly source our seafood and meat respecting our Earth's ecosystems both land and sea. Our partnership with the Monterey Bay Aquarium's Seafood Watch®, an organization that shares our passion for sustainable seafood, supports our efforts by providing the groundwork and guidelines that allows us to serve seafood that is responsibly caught or aquacultured.

For our most up to date sourcing visit our menu on our website or visit:

PLANKSEAFOOD.COM/MYCONSCIOUSEARTH



FISH

- ATLANTIC SALMON** ^(R)
faroe islands; submersible net pen, aquacultured, non gmo, no hormones, antibiotics or steroids.
- DUTCH KING YELLOWTAIL / HIRAMASA** ^(R)
netherlands; indoor recirculating aquaculture system, non gmo, no hormones, antibiotics, or steroids.

RAINBOW TROUT

usa; ponds, aquacultured.

RED FISH

usa; ponds, aquacultured.

FISH ROE

BOWFIN CAVIAR
north american inland waters; set gillnets, wild caught.

FLYING FISH ROE, YUZU CAVIAR
china, brazil; traps, wild caught.

GREY MULLET ROE, BOTTAGRA
greece; encircling gillnet, wild caught.

PADDLE FISH CAVIAR
north american inland waters; set gillnets, wild caught.

RAINBOW TROUT ROE
france; indoor recirculating aquaculture system.

SHELLFISH

SURF CLAM
massachusetts, rhode island; hand picked/dredge.

OYSTERS
usa, canada; open/uncontained, dredge harvest, wild caught, aquacultured.

WHITE SHRIMP
gulf of mexico; bottom trawls, wild caught.

MEATS

CHICKEN BREAST ^(R)
usa; enriched environment without cages, crates or crowding, global animal partnership step 3, no hormones, antibiotics or steroids.

EGGS ^(R)
usa; cage free, certified humane

PORK
usa; cage & crate free, no hormone, antibiotics or steroids.

Eco Certified by independent non profit organizations, that set standards for sustainable fishing, aquaculture and animal welfare. And are fully traceable.

^(R) Items contains raw seafood, beef or eggs. Consuming raw or undercooked meat and seafood may increase your risk of food born illness.

Bones can happen in dishes with fishes. We do not list all ingredients on our menus. Please notify server of any food allergies before ordering. We are not responsible for an individual's allergic reaction to our food or ingredients.

18% gratuity added to parties of 6 or more.