

GLUTEN SENSITIVE



SEAFOOD PROVISIONS
PLANKSEAFOOD.COM

30° 23' N , 97° 43' W

Our gluten sensitive menu items are prepared in a shared work area that also processes wheat & gluten products. There is always a chance that gluten sensitive items may come in contact with products containing gluten.

RAW + CHILLED:

ICED OYSTERS,* horseradish, hot sauce, mignonette / 4 ea
*add bowfin caviar** / 1.5 ea

DRESSED OYSTERS,* jalapeño shoyu, smoked trout roe / 5 ea

SALMON CRUDO,* calabrian chili, caper, olive, lemon, shiso / 14

SHRIMP COCKTAIL, old bay, cocktail & creole mustard sauces / 19

SOUP + SALAD:

THAI CLAM CHOWDER, bacon, potato, coconut milk, green curry, thai basil / 10

GEM LETTUCE, radish, cucumber, fennel, pickled onion, hazelnut, herbs, red wine vinaigrette / 12

BACON & BLUE CHEESE SALAD, bacon, radish, smoked blue cheese, tomato, cucumber, buttermilk dressing / 14

SALAD ADDS, herb chicken breast 8 / salmon* 10 / shrimp 10

SHARE PLATES:

OCTOPUS, grilled onion & broccolini, fingerling potato, romesco / 18

CHARRED SHISHITO PEPPERS, soy sauce caramel, sesame, thai basil (S) / 11

PLANK PLATES:

RAINBOW TROUT, wood roasted tomato, french green beans, olive, caper, salsa verde, potato crunch / 30

WOOD GRILLED:

VEGAN SHRIMP CURRY, new wave vegan shrimp, black rice, green curry, grilled vegetables, herbs / 22
substitute grilled shrimp / 28

FAROE ISLAND SALMON,* spice fried black rice, pickled asparagus, fennel pollen, saffron aioli / 27

WHOLE BRONZINO, lemongrass, preserved lemon, brown butter, fennel salad / 47

BACON WRAPPED SHRIMP, jalapeno, aged white cheddar, dirty grits, tomato, crawfish beurre blanc / 28

REDFISH, hazelnut brown butter, fingerling potato, broccolini / 37

SIMPLE SEAFOOD: simply grilled, fingerling potato, dressed frisee salad, lemon and choice of salsa verde, romesco, or naked (no modifications please)

FAROE ISLAND SALMON	25
AHI TUNA	29
REDFISH	34
RAINBOW TROUT	27
SHRIMP	26
SEA SCALLOPS	42

KIDS TACKLEBOXES

kids 12 and under

served with carrots sticks, ranch, fruit, yogurt and a snack

GRILLED SALMON / 14

GRILLED CHICKEN BREAST / 13

DESSERT

CHOCOLATE TERRINE / 12

peanut butter ice cream, cultured milk crumble, bing cherry, smoked maldon

*Items contains raw seafood, beef or eggs. Consuming raw or undercooked meat and seafood may increase your risk of food born illness. (S) This dish can be spicy. Bones can happen in dishes with fish. We do not list all ingredients on our menus. Please notify server of any food allergies before ordering. We are not responsible for an individual's allergic reaction to our food or ingredients.

18% gratuity added to parties of 6 or more.